

**102104T4HSS**

**HEALTH SERVICES SUPPORT LEVEL 4**

**MED/CU/HSS/CC/01/4/A**

**PROVIDE FIRST AID SERVICES**

**INSTRUCTIONS TO CANDIDATES**

*Maximum marks for each question are indicated in brackets ( ).*

*This paper consists of* ***THREE*** *sections: A, and B.*

*Answer questions as per instructions in each section.*

*You are provided with a separate answer booklet*

**This paper consists of SEVEN (7) printed pages**

**Candidates should check the question paper to ascertain that all pages are printed as indicated and that no questions are missing**

**SECTION A:** (10 marks)

***Answer ALL questions in this section***

1. When making a 911 call, the three W’s to employ include; (1 mark)
2. Who, What, Where
3. Where, What and Why
4. Why, When and Where
5. Who, What and When
6. First aid stands for; (1 mark)
7. Completing a primary survey during an accident
8. The first help given to the victim of an accident
9. Assessing a victim’s vital signs in an accident
10. Treating a victim for shock in an accident
11. An adult choking victim requires one of the following immediate intervention; (1 mark)
12. The Heimlich maneuver
13. Back slaps between the shoulder blades
14. Two rescue breaths and CPR
15. You should follow the steps for rescue breathing
16. The accepted treatment for a femur or thigh fracture is: (1 mark)
17. Place a short padded splint on each side of the leg
18. Traction splint applied by those with special training
19. Move the victim before properly applying a leg splint
20. Bind both legs with two long splints using two cravats,
21. Some people are very allergic to insect bites and stings. This condition is called: (1 mark)
22. Septic shock
23. Cardiac arrest
24. Toxic shock syndrome
25. Anaphylactic shock
26. A small organism that burrows into the skin and causes itching is; (1 mark)
27. Common wood tick
28. Limon-Lyme tick
29. Rocky Mountain spotted tick
30. Chigger
31. The first concern at the scene where a person has been seriously burned is; (1 mark)
32. Checking the scene for safety
33. Checking the victims breathing and pulse
34. Calling your local emergency phone number
35. Cooling the burned area.
36. The accepted treatment for a sprained ankle is: (1 mark)
37. Remove the shoe and check for swelling using the capillary reflex method
38. Keep the shoe on, apply an ankle bandage for support, elevate and apply cold towels
39. Keep the shoe on, apply an ankle splint and apply heat if possible
40. Have the victim walk or move as soon as possible to prevent stiffness
41. The aim in treating abdominal wounds includes; (1 marks)
42. To promote healing
43. To promote hospital stay
44. To promote pain.
45. To increase sepsis
46. Fainting is: (1 mark)
47. A response to fear.
48. An unexpected collapse.
49. A brief loss of consciousness.
50. A brief loss of breathe.

**SECTION B: (**40 marks**)**

***Answer ALL questions in this section***

1. State **Three (3)** divisions of heat injuries (3marks)
2. Highlight **Six (6)** responsibilities of a first aider. (6 marks)
3. State **Five (5)** signs and symptoms of a fracture. (5marks)
4. Outline **Four (4)** Priorities of a casualty. (4marks)
5. In any emergency, one must follow a clear plan of action. State the **Three (3)** principle steps in any emergency. (3marks)
6. Define primary survey in first aid service. (2marks)
7. Explain the procedure of performing ***Heimlich maneuver***; (6 marks)
8. State **Three (3)** basic mechanisms associated with shock. (3 marks)
9. Outline **Three (3)** types of bleeding. (3 marks)
10. State any **Five (5)** qualities of a first aider; (5 marks)